

Your Wedding

Weddings are important, but after all the planning, they are over in minutes and you have the rest of your lives together. Your relationship with each other, God, and the church are our main concern.

To help you in a lifelong process of building your marriage, a Readiness for Marriage workshop consists of 11 hours of lecture, videos, group and personal reflection, which stimulate you to think and discuss various aspects of your relationship. Workshops are led by either **Pastor Bruce Frederickson, or Licensed Marriage and Family Therapist *Karol Dahlof.

To personalize the workshop, **each couple will complete the online Customized Prepare Inventory that evaluates their relationship, at least one week prior to the workshop, and be sure the leader has the results.** All test results will be confidential and no one will be asked to share their results with the group.

Session times are Friday evening, 6:30-9:30pm, continuing on Saturday and Sunday, 1-5pm. Topics include:

- ~Communication
- ~Conflict Resolution
- ~Family of Origin
- ~Spiritual Issues
- ~Parenting
- ~Finances
- ~Sexuality & Intimacy

Sessions for 2010

Friday, 6:30-9:30pm
Saturday & Sunday, 1-5pm

*Karol or **Bruce

*January 29, 30, 31 (Karol)

St. Peter's Lutheran Church
5421 France Avenue South
Edina, MN 55410
952.927.8408

**February 26, 27, 28 (Bruce)

Messiah Lutheran Church
2848 County Road H2
Moundsview, MN 55112
763.784.1786

*March 19, 20, 21 (Karol)

St. John's Lutheran Church
300 Fourth Street
Chaska, MN 55318
952.448.2433

**April 16, 17, 18 (Bruce)

Advent Lutheran Church
9475 Jefferson Highway
Maple Grove, MN 55369
763-425-4243

*June 4, 5, 6 (Karol)

St. Michael's Lutheran Church
9201 Normandale Boulevard
Bloomington, MN 55437
952.831.5276

**August 27, 28, 29 (Bruce)

Our Savior's Lutheran Church
23290 Highway 7
Excelsior, MN 55331
952.474.5181

*October 8, 9, 10 (Karol)

Berea Lutheran Church
7538 Emerson Avenue South
Richfield, MN 55423
612.861.7121

Cost for the workshop itself:

\$85/couple

Please complete the form on the back of this page and mail it along with your check for \$85 (payable to *Readiness for Marriage*) to:

St. Michael's Lutheran Church
Attn: Louise Rutgeron
9201 Normandale Boulevard
Bloomington, MN 55437

Also a check for \$35/couple to take the Customized Prepare Inventory from either:

***Karol Dahlof at 612-605-8487**

6629 Newton Avenue South

Richfield, MN 55423

KDahlof@comcast.net

or

****Bruce Frederickson**

10003 West Pleasure Creek Parkway

Blaine, MN 55434

763-786-2723

BruceF6300@comcast.net

The check must be received by *Karol or **Bruce at least one week prior to the workshop, if your pastor does not give you the Customized Prepare.